



# Mark West Union School District Lunch Menu

**May 2021**

Monday	Tuesday	Wednesday	Thursday	Friday
26 Aloha Chicken Burger <i>*Contains Pork*</i> Oven Baked Fries <i>Ketchup</i>	27 Beef & Bean Nachos Tortilla Chips	28 Baked Ziti w/ Meat Sauce	29 Chicken Tamale Mixed Vegetables	30 Mac & Cheese Broccoli Side Salad
3 Turkey Chili w/ Beans Corn Muffin	4 Chicken Nuggets Peas & Carrots <i>*Strawberry Milk Available*</i>	5 Cheeseburger Oven Baked Fries <i>Ketchup</i>	6 Chicken Alfredo w/ Broccoli	7 Chicken Enchiladas w/ Green Salsa
10 Hot Dog Oven Baked Fries <i>Ketchup</i>	11 Chicken Teriyaki Noodles & Broccoli	12 Chicken Parmesan Pasta w/ Marinara Sauce	13 Turkey Taco Bowl w/ Beans & Corn	14 Grilled Cheese Sandwich Baby Carrots
<b>new</b> 17 Country "Fried" Steak w/ Mashed Potatoes & Gravy Dinner Roll	18 Grilled Chicken Sandwich Oven Baked Fries <i>Ketchup</i>	19 Cheese Lasagna w/ Marinara Sauce Whole Grain Dessert	20 <i>Breakfast 4 Lunch</i> French Toast Sticks, Chicken Sausage & Potato Wedges <i>Syrup</i>	21 Mac & Cheese Broccoli Side Salad
24 Hamburger Oven Baked Fries <i>Ketchup</i>	25 Bean & Cheese Pupusa Refried Beans	26 Sweet & Sour Chicken Brown Rice & Broccoli	27 Chicken Ramen Soup w/ Noodles & Vegetables	28 Bean & Cheese Burrito Salsa Cup
31 Aloha Chicken Burger <i>*Contains Pork*</i> Oven Baked Fries <i>Ketchup</i>	1 Beef & Bean Nachos Tortilla Chips	2 Baked Ziti w/ Meat Sauce	3 Chicken Tamale Mixed Vegetables	4 Chicken Alfredo w/ Broccoli

**MENU SUBJECT TO CHANGE WITHOUT NOTICE**

This institution is an equal opportunity provider.

**All grain items offered are Whole Grain-Rich.**

**All entrées served with whole fruit, fruit cup or 100% fruit juice.**