



Lunch K8 Menu

Date	Meal Type	Meal	Portion	Cals (kcal)	Sodm (mg)	Fiber (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat (g)
Mon 10-03-2022	Cheeseburger w/ Seasoned Fries	CHEESEBURGER & FRIES 3/4C	EACH	530.83	1032.44	5.27	20.84	66.69	21.89	8.80	0.00
		KETCHUP PACKET 9 GM	EACH	10.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00
	Vegetarian Burger w/ Seasoned Fries	V- BURGER W/ FRIES 3/4C	EACH	428.04	994.79	8.26	18.25	69.15	11.82	2.77	0.00
		KETCHUP PACKET 9 GM	EACH	10.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00
	Taco Burger w/ Oven Baked Fries	TURKEY TACO BURGER & FRIES 3/4C	EACH	546.12	1056.33	4.27	24.02	69.01	22.75	7.58	0.00
		KETCHUP PACKET 9 GM	EACH	10.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00
	Double Cheese Sandwich on French Roll w/ Seasoned Fries	V-SANDWICH DOUBLE CHEESE FR	EACH	417.54	793.89	3.43	19.47	32.12	15.71	8.61	0.00
		POTATO CRINKLES SEASONED 3/4C	EACH	200.18	202.96	2.35	2.34	34.60	6.85	2.28	0.00
		KETCHUP PACKET 9 GM	EACH	10.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
	Turkey & Cheese Sandwich on French Roll w/ Side of Corn	SANDWICH TURKEY&CHEESE 1 OZ FR	EACH	355.44	736.85	3.00	21.30	30.05	8.59	4.55	0.00
		CORN BAG (3/4 C)	EACH	141.75	0.00	1.42	4.25	29.77	1.42	0.00	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
	Turkey & Cheese Croissant Sandwich w/ Side of Fries	TURKEY & CHEESE CROISSANT	EACH	310.00	467.00	2.00	24.00	24.00	10.50	4.00	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
		KETCHUP PACKET 9 GM	EACH	10.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00
		POTATO CRINKLES SEASONED 3/4C	EACH	200.18	202.96	2.35	2.34	34.60	6.85	2.28	0.00
	Pear	PEAR FRESH 150 COUNT 1/2 C	EACH	68.84	1.21	3.74	0.43	18.39	0.17	0.03	0.00
	1% White Milk	MILK 1% LOW FAT UNFLAVORED	EACH	120.00	160.00	0.00	11.00	16.00	2.50	1.50	0.00
	Fat Free White Milk	MILK FAT FREE UNFLAVORED	EACH	90.00	135.00	0.00	9.00	13.00	0.00	0.00	0.00
	Fat Free Chocolate Milk	MILK FAT FREE CHOCOLATE	EACH	120.00	200.00	0.00	7.00	23.00	0.00	0.00	0.00
	Cheese Lasagna w/ Tomato Basil Sauce	LASAGNA CHEESE	EACH	313.50	850.61	5.00	17.00	41.51	11.31	2.58	0.00
	Spaghetti w/ Meat Sauce	SPAGHETTI W/ MEAT SAUCE 1G	EACH	370.14	830.36	7.10	18.05	36.25	20.55	5.54	0.00
	Papa John's Cheese Pizza	PIZZA CHEESE PAPA JOHNS	EACH	310.00	640.00	3.00	20.00	37.00	10.00	4.00	0.00
	Papa John's Pepperoni Pizza	PIZZA PEPPERONI PAPA JOHNS	EACH	350.00	770.00	3.00	20.00	37.00	14.00	5.00	0.00

Tue 10-04-2022	Double Cheese Sandwich on French Roll w/ Baby Carrots	V-SANDWICH DOUBLE CHEESE FR	EACH	417.54	793.89	3.43	19.47	32.12	15.71	8.61	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
		CARROTS, BABY PC 1/4 C 1.25 OZ	EACH	12.40	27.64	1.03	0.23	2.92	0.05	0.01	0.00
	Turkey Ham & Cheese on Hoagie w/ Baby Carrots	SANDWICH HAM/AMER CHEESE BW	EACH	315.00	567.00	2.00	26.80	24.00	10.50	4.00	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
		CARROTS, BABY PC 1/4 C 1.25 OZ	EACH	12.40	27.64	1.03	0.23	2.92	0.05	0.01	0.00
	Southwest Chicken Salad w/ Wheat Crackers	SALAD SOUTHWEST CHICKEN 22-23	EACH	187.22	236.53	6.72	19.58	21.26	2.40	0.05	0.00
		CRACKERS WHEAT BASICS 2WG	EACH	170.00	350.00	3.00	3.00	28.00	5.00	0.50	0.00
		RANCH DRESSING	EACH	60.00	90.00	0.00	0.00	0.00	6.00	1.00	0.00
	Baby Carrots	BABY CARROTS 1/2 C PC (2.5 OZ)	EACH	28.35	49.61	2.13	0.71	7.09	0.00	0.00	0.00
	Salad Bar Kit 2	Salad BarKit2 SpinachTomatoCel	EACH	24.04	75.75	2.10	1.98	4.49	0.25	0.05	0.00
		ITALIAN DRESSING HEINZ PREPACK	EACH	30.00	130.00	0.00	0.00	0.00	3.00	0.00	0.00
	Orange	ORANGES (1/2 C)	EACH	61.57	0.00	3.14	1.23	15.39	0.16	0.02	0.00
Wed 10-05-2022	Papa John's Cheese Pizza	PIZZA CHEESE PAPA JOHNS	EACH	310.00	640.00	3.00	20.00	37.00	10.00	4.00	0.00
	Papa John's Pepperoni Pizza	PIZZA PEPPERONI PAPA JOHNS	EACH	350.00	770.00	3.00	20.00	37.00	14.00	5.00	0.00
	Beef Nachos w/ Baked Chips	NACHOS W BEEF, BBEANS & CHEESE	EACH	359.78	592.86	7.48	22.76	35.26	13.60	6.05	0.00
		CHIPS POPTILLAS ORIGINAL	EACH	190.00	200.00	3.00	4.00	31.00	6.00	0.00	0.00
	Double Cheese Sandwich w/ Nacho Chips & Bean Dip	V-SANDWICH DOUBLE CHEESE OAT D	EACH	357.54	753.89	2.43	17.47	34.12	15.21	8.61	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
		BEAN DIP W/ SALSA & CHEESE	EACH	193.28	359.13	6.75	11.35	30.71	3.13	0.90	0.00
		CHIPS POPTILLAS NACHO CHEESE	EACH	130.00	190.00	2.00	2.00	19.00	4.50	0.00	0.00
	Bean & Cheese Burrito w/ Nacho Chips & Bean Dip	BURRITO BEAN & CHEESE BW	EACH	397.00	447.00	9.00	18.50	56.00	11.00	4.70	0.00
		BEAN DIP W/ SALSA & CHEESE	EACH	193.28	359.13	6.75	11.35	30.71	3.13	0.90	0.00
		CHIPS POPTILLAS NACHO CHEESE	EACH	130.00	190.00	2.00	2.00	19.00	4.50	0.00	0.00
	Chicken Fajitas w/ Peppers, Refried Beans & Tortillas	CHICKEN STRIP FAJITAS W BEANS	EACH	332.46	571.30	6.40	21.91	38.97	9.90	2.06	0.00
		TORTILLA FLOUR 6" ROMERO'S (2)	EACH	150.00	176.00	2.00	2.00	26.00	4.00	0.00	0.00
	Turkey Breast Sandwich on WG Roll w/ Nacho Chips & Bean Dip	SANDWICH TURKEY CLUB BORDER'S	EACH	300.00	970.00	4.00	20.00	29.00	11.00	4.00	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
		BEAN DIP W/ SALSA & CHEESE	EACH	193.28	359.13	6.75	11.35	30.71	3.13	0.90	0.00
		CHIPS POPTILLAS NACHO CHEESE	EACH	130.00	190.00	2.00	2.00	19.00	4.50	0.00	0.00

Sack Lunch - Double Cheese Sandwich, Baby Carrots, Fuitable Juice, & Fruit	V-SANDWICH DOUBLE CHEESE OAT D	EACH	357.54	753.89	2.43	17.47	34.12	15.21	8.61	0.00
	BABY CARROTS 1/2 C PC (2.5 OZ)	EACH	28.35	49.61	2.13	0.71	7.09	0.00	0.00	0.00
	APPLE FRESH 163 COUNT 3/4 C	EACH	57.79	1.11	2.67	0.29	15.35	0.19	0.03	0.00
	ORANGES (1/2 C)	EACH	61.57	0.00	3.14	1.23	15.39	0.16	0.02	0.00
	VEG JUICE FRUITABLE 4.23 OZ	EACH	60.00	10.00	-1.00	0.00	13.00	0.00	0.00	0.00
Sack Lunch – Turkey Breast Club Sandwich, Baby Carrots, Fuitable Juice, & Fruit	SANDWICH TURKEY CLUB BORDER'S	EACH	300.00	970.00	4.00	20.00	29.00	11.00	4.00	0.00
	BABY CARROTS 1/2 C PC (2.5 OZ)	EACH	28.35	49.61	2.13	0.71	7.09	0.00	0.00	0.00
	VEG JUICE FRUITABLE 4.23 OZ	EACH	60.00	10.00	-1.00	0.00	13.00	0.00	0.00	0.00
	APPLE FRESH 163 COUNT 3/4 C	EACH	57.79	1.11	2.67	0.29	15.35	0.19	0.03	0.00
	ORANGES (1/2 C)	EACH	61.57	0.00	3.14	1.23	15.39	0.16	0.02	0.00
Chicken Taco Salad w/ Wheat Crackers	SALAD CHICKEN TACO LN 22-23	EACH	229.59	315.49	6.34	21.75	22.05	6.12	1.83	0.00
	CRACKERS WHEAT BASICS 2WG	EACH	170.00	350.00	3.00	3.00	28.00	5.00	0.50	0.00
	RANCH DRESSING	EACH	60.00	90.00	0.00	0.00	0.00	6.00	1.00	0.00
Jicama w/ Tajin	JICAMA PC 1.35 OZ (1/4 c)	EACH	14.54	1.53	1.88	0.28	3.38	0.03	0.01	0.00
	TAJIN SEASONING	EACH	3.00	277.50	0.00	0.00	0.00	0.00	0.00	0.00
Salad Bar Kit 3	Salad BarKit3	EACH	73.34	77.77	3.16	4.05	13.25	0.09	0.01	0.00
	LettuceGarbnzTom	EACH	60.00	90.00	0.00	0.00	0.00	6.00	1.00	0.00
	RANCH DRESSING	EACH	60.00	90.00	0.00	0.00	0.00	6.00	1.00	0.00
Banana	BANANA 150 COUNT 1/2 C	EACH	105.02	1.18	3.07	1.29	26.95	0.39	0.13	0.00
Papa John's Cheese Pizza	PIZZA CHEESE PAPA JOHNS	EACH	310.00	640.00	3.00	20.00	37.00	10.00	4.00	0.00
Papa John's Pepperoni Pizza	PIZZA PEPPERONI PAPA JOHNS	EACH	350.00	770.00	3.00	20.00	37.00	14.00	5.00	0.00
Chicken Tamale w/ Seasoned Corn	TAMALE CHICKEN W SEASONED CORN	EACH	394.50	416.52	2.94	13.83	43.84	17.94	7.00	0.00
Cheese Tamale w/ Seasoned Corn	TAMALE CHEESE W SEASONED CORN	EACH	444.50	502.52	3.95	10.84	49.84	21.95	10.00	0.00
Italian Turkey Submarine w/ Fuitable Juice	SANDWICH ITALIAN SUB HUB	EACH	310.00	1110.00	0.00	16.00	30.00	14.00	6.00	0.00
	MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
	VEG JUICE FRUITABLE 4.23 OZ	EACH	60.00	10.00	-1.00	0.00	13.00	0.00	0.00	0.00
Double Cheese Sandwich w/ Fuitable Juice	V-SANDWICH DOUBLE CHEESE OAT D	EACH	357.54	753.89	2.43	17.47	34.12	15.21	8.61	0.00
	MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
	VEG JUICE FRUITABLE 4.23 OZ	EACH	60.00	10.00	-1.00	0.00	13.00	0.00	0.00	0.00
Chicken Nuggets w/ Mashed Potatoes	CHICKEN NUGGETS & MASH POT1/2C	EACH	332.59	609.94	2.00	13.00	30.99	16.69	2.85	0.00
	KETCHUP PACKET 9 GM	EACH	10.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00
Tuna Salad w/ Dinner Roll	SALAD TUNA ENTREE K12	EACH	236.21	323.84	1.61	14.65	4.93	17.42	2.61	0.00
	ROLL DINNER 2 OZ	EACH	140.00	220.00	2.00	4.00	27.00	2.00	0.00	0.00
	RANCH DRESSING	EACH	60.00	90.00	0.00	0.00	0.00	6.00	1.00	0.00

Sack Lunch - Double Cheese Sandwich, Baby Carrots, Fruitable Juice, & Fruit	V-SANDWICH DOUBLE CHEESE OAT D	EACH	357.54	753.89	2.43	17.47	34.12	15.21	8.61	0.00
	BABY CARROTS 1/2 C PC (2.5 OZ)	EACH	28.35	49.61	2.13	0.71	7.09	0.00	0.00	0.00
	APPLE FRESH 163 COUNT 3/4 C	EACH	57.79	1.11	2.67	0.29	15.35	0.19	0.03	0.00
	ORANGES (1/2 C)	EACH	61.57	0.00	3.14	1.23	15.39	0.16	0.02	0.00
	VEG JUICE FRUITABLE 4.23 OZ	EACH	60.00	10.00	-1.00	0.00	13.00	0.00	0.00	0.00
Sack Lunch – Italian Turkey Submarine Sandwich, Baby Carrots, Fruitable Juice, & Fruit	SANDWICH ITALIAN SUB HUB	EACH	310.00	1110.00	0.00	16.00	30.00	14.00	6.00	0.00
	MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
	BABY CARROTS 1/2 C PC (2.5 OZ)	EACH	28.35	49.61	2.13	0.71	7.09	0.00	0.00	0.00
	APPLE FRESH 163 COUNT 3/4 C	EACH	57.79	1.11	2.67	0.29	15.35	0.19	0.03	0.00
	ORANGES (1/2 C)	EACH	61.57	0.00	3.14	1.23	15.39	0.16	0.02	0.00
	VEG JUICE FRUITABLE 4.23 OZ	EACH	60.00	10.00	-1.00	0.00	13.00	0.00	0.00	0.00
Baby Carrots 2	CARROTS, BABY PC 1/4 C 1.25 OZ	EACH	12.40	27.64	1.03	0.23	2.92	0.05	0.01	0.00
Salad Bar Kit 4	Salad BarKit4 LettuceBBCarJica	EACH	41.24	42.35	4.07	1.15	9.30	0.10	0.02	0.00
	ITALIAN DRESSING HEINZ PREPACK	EACH	30.00	130.00	0.00	0.00	0.00	3.00	0.00	0.00
Apple	APPLE FRESH 163 COUNT 3/4 C	EACH	57.79	1.11	2.67	0.29	15.35	0.19	0.03	0.00
Cheese Pizza Sliders	PIZZA CHEESE SLIDERS 90632	EACH	294.47	597.77	3.52	18.63	30.72	11.16	6.01	0.00
Beef BBQ Rib Sandwich	BBQ BEEF PATTY SANDWICH	EACH	299.10	754.59	3.27	14.22	36.46	11.72	3.77	0.00
Papa John's Cheese Pizza	PIZZA CHEESE PAPA JOHNS	EACH	310.00	640.00	3.00	20.00	37.00	10.00	4.00	0.00
Papa John's Pepperoni Pizza	PIZZA PEPPERONI PAPA JOHNS	EACH	350.00	770.00	3.00	20.00	37.00	14.00	5.00	0.00
Double Cheese Sandwich on FR w/ Lettuce	V-SANDWICH DOUBLE CHEESE FR	EACH	417.54	793.89	3.43	19.47	32.12	15.71	8.61	0.00
	MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
Buffalo Chicken Salad w/ WG Wheat Crackers	SALAD BUFFALO CHICKEN 2022 R	EACH	83.37	930.87	0.79	12.75	4.14	2.14	0.03	0.00
	RANCH DRESSING	EACH	60.00	90.00	0.00	0.00	0.00	6.00	1.00	0.00
	CRACKERS WHEAT BASICS 2WG	EACH	170.00	350.00	3.00	3.00	28.00	5.00	0.50	0.00
Beef, Bean, & Cheese Burrito w/ Hot Sauce	BURRITO BEEF, BEAN, CHEESE BW	EACH	400.00	520.00	3.00	25.00	39.00	16.00	8.00	0.00
	HOT SAUCE TAPATIO	EACH	0.00	154.00	0.00	0.00	0.00	0.00	0.00	0.00
Smoked Turkey & Cheese Sandwich on Knot Roll	SDW PINWHEEL(SMOKED TURKEY)	EACH	290.00	1120.00	0.00	18.00	29.00	11.00	4.50	0.00
	MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00

Fri 10-07-2022	Sack Lunch – Turkey & Cheese Sandwich on French Roll, Baby Carrots, Fruitable Juice, & Fruit	SANDWICH TURKEY&CHEESE 1 OZ FR	EACH	355.44	736.85	3.00	21.30	30.05	8.59	4.55	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
		BABY CARROTS 1/2 C PC (2.5 OZ)	EACH	28.35	49.61	2.13	0.71	7.09	0.00	0.00	0.00
		APPLE FRESH 163 COUNT 3/4 C	EACH	57.79	1.11	2.67	0.29	15.35	0.19	0.03	0.00
		VEG JUICE FRUITABLE 4.23 OZ	EACH	60.00	10.00	-1.00	0.00	13.00	0.00	0.00	0.00
		ORANGES (1/2 C)	EACH	61.57	0.00	3.14	1.23	15.39	0.16	0.02	0.00
	Sack Lunch - Double Cheese Sandwich, Baby Carrots, Fruitable Juice, & Fruit	V-SANDWICH DOUBLE CHEESE OAT D	EACH	357.54	753.89	2.43	17.47	34.12	15.21	8.61	0.00
		BABY CARROTS 1/2 C PC (2.5 OZ)	EACH	28.35	49.61	2.13	0.71	7.09	0.00	0.00	0.00
		APPLE FRESH 163 COUNT 3/4 C	EACH	57.79	1.11	2.67	0.29	15.35	0.19	0.03	0.00
		ORANGES (1/2 C)	EACH	61.57	0.00	3.14	1.23	15.39	0.16	0.02	0.00
		VEG JUICE FRUITABLE 4.23 OZ	EACH	60.00	10.00	-1.00	0.00	13.00	0.00	0.00	0.00
	House Salad w/ Italian NEW	SALAD SIDE ROMAINE/CAB/CARROTS	EACH	19.87	18.37	1.82	1.07	4.24	0.19	0.03	0.00
		ITALIAN DRESSING HEINZ PREPACK	EACH	30.00	130.00	0.00	0.00	0.00	3.00	0.00	0.00
	Salad Bar Kit 5	Salad BarKit5 RomaineCucCarrot	EACH	30.92	36.55	2.34	1.36	6.74	0.21	0.05	0.00
		RANCH DRESSING	EACH	60.00	90.00	0.00	0.00	0.00	6.00	1.00	0.00
	100% Fruit Juice	JUICE TOTALLY TANGERINE 4 OZ	EACH	60.00	10.00	0.00	0.00	15.00	0.00	0.00	0.00
	Pear	PEAR FRESH 150 COUNT 1/2 C	EACH	68.84	1.21	3.74	0.43	18.39	0.17	0.03	0.00
	Craisins Pack	CRANBERRIES, DRIED, IW	EACH	110.00	0.00	3.00	0.00	28.00	0.00	0.00	0.00
Mon 10-10-2022	Vegetarian Cheeseburger w/ Oven Baked Fries	VEGGIE CHEESBURGER/POT 3/4C	EACH	282.51	886.19	5.99	16.53	35.50	10.06	1.51	0.00
		KETCHUP PACKET 9 GM	EACH	10.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00
	Cheeseburger w/ Seasoned Fries	CHEESEBURGER & FRIES 3/4C	EACH	530.83	1032.44	5.27	20.84	66.69	21.89	8.80	0.00
		KETCHUP PACKET 9 GM	EACH	10.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00
	Papa John's Cheese Pizza	PIZZA CHEESE PAPA JOHNS	EACH	310.00	640.00	3.00	20.00	37.00	10.00	4.00	0.00
	Papa John's Pepperoni Pizza	PIZZA PEPPERONI PAPA JOHNS	EACH	350.00	770.00	3.00	20.00	37.00	14.00	5.00	0.00
	Double Cheese Sandwich on French Roll w/ Seasoned Fries	V-SANDWICH DOUBLE CHEESE FR	EACH	417.54	793.89	3.43	19.47	32.12	15.71	8.61	0.00
		POTATO CRINKLES SEASONED 3/4C	EACH	200.18	202.96	2.35	2.34	34.60	6.85	2.28	0.00
		KETCHUP PACKET 9 GM	EACH	10.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
	Turkey & Cheese Sandwich on French Roll w/ Side of Corn	SANDWICH TURKEY&CHEESE 1 OZ FR	EACH	355.44	736.85	3.00	21.30	30.05	8.59	4.55	0.00
		CORN BAG (3/4 C)	EACH	141.75	0.00	1.42	4.25	29.77	1.42	0.00	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
	Turkey, Turkey Bacon, & Cheese Club on French Roll w/ Seasoned Fries	CLUB SAND TURKEY & BACON FR	EACH	380.48	810.45	3.43	22.87	31.12	10.14	5.06	0.00
		POTATO CRINKLES SEASONED 3/4C	EACH	200.18	202.96	2.35	2.34	34.60	6.85	2.28	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
		KETCHUP PACKET 9 GM	EACH	10.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00

Tue 10-11-2022	Sack Lunch - Double Cheese Sandwich, Baby Carrots, Fruit Juice, & Fruit	V-SANDWICH DOUBLE CHEESE OAT D	EACH	357.54	753.89	2.43	17.47	34.12	15.21	8.61	0.00
		BABY CARROTS 1/2 C PC (2.5 OZ)	EACH	28.35	49.61	2.13	0.71	7.09	0.00	0.00	0.00
		APPLE FRESH 163 COUNT 3/4 C	EACH	57.79	1.11	2.67	0.29	15.35	0.19	0.03	0.00
		ORANGES (1/2 C)	EACH	61.57	0.00	3.14	1.23	15.39	0.16	0.02	0.00
		VEG JUICE FRUITABLE 4.23 OZ	EACH	60.00	10.00	-1.00	0.00	13.00	0.00	0.00	0.00
	Sack Lunch – Turkey Breast Club Sandwich, Baby Carrots, Fruit Juice, & Fruit	SANDWICH TURKEY CLUB BORDER'S	EACH	300.00	970.00	4.00	20.00	29.00	11.00	4.00	0.00
		BABY CARROTS 1/2 C PC (2.5 OZ)	EACH	28.35	49.61	2.13	0.71	7.09	0.00	0.00	0.00
		VEG JUICE FRUITABLE 4.23 OZ	EACH	60.00	10.00	-1.00	0.00	13.00	0.00	0.00	0.00
		APPLE FRESH 163 COUNT 3/4 C	EACH	57.79	1.11	2.67	0.29	15.35	0.19	0.03	0.00
		ORANGES (1/2 C)	EACH	61.57	0.00	3.14	1.23	15.39	0.16	0.02	0.00
	Oven Baked Fries w/ Ketchup	POTATO CRINKLES 3/4 CUP JADA	EACH	198.18	289.53	2.27	2.27	34.16	6.83	2.27	0.00
		KETCHUP PACKET 9 GM	EACH	10.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00
	Pear	PEAR FRESH 150 COUNT 1/2 C	EACH	68.84	1.21	3.74	0.43	18.39	0.17	0.03	0.00
	Plant-Based Chicken Teriyaki w/ Chow Mein Noodles	V- TERIYAKI CHICKEN & NOODLE1G	EACH	135.66	706.82	1.88	15.12	13.20	3.41	0.26	0.00
	Cheese Lasagna w/ Tomato Basil Sauce	LASAGNA CHEESE	EACH	313.50	850.61	5.00	17.00	41.51	11.31	2.58	0.00
	Papa John's Cheese Pizza	PIZZA CHEESE PAPA JOHNS	EACH	310.00	640.00	3.00	20.00	37.00	10.00	4.00	0.00
	Papa John's Pepperoni Pizza	PIZZA PEPPERONI PAPA JOHNS	EACH	350.00	770.00	3.00	20.00	37.00	14.00	5.00	0.00
	Double Cheese Sandwich on French Roll w/ Baby Carrots	V-SANDWICH DOUBLE CHEESE FR	EACH	417.54	793.89	3.43	19.47	32.12	15.71	8.61	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
		CARROTS, BABY PC 1/4 C 1.25 OZ	EACH	12.40	27.64	1.03	0.23	2.92	0.05	0.01	0.00
	Chicken Teriyaki w/ Chow Mein Noodles	CHICKEN TERIYAKI W/ NOODLES 1G	EACH	384.49	1122.40	2.88	23.04	43.75	14.16	2.97	0.01
	Beef Pastrami & Cheese Sandwich on FR w/ Baby Carrots	SANDW PASTRAMI&CHEESE 1OZ FR	EACH	371.22	896.74	3.00	23.07	31.02	9.06	5.05	0.00
		CARROTS, BABY PC 1/4 C 1.25 OZ	EACH	12.40	27.64	1.03	0.23	2.92	0.05	0.01	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
	Southwest Chicken Salad w/ Baked Chips	SALAD SOUTHWEST CHICKEN 22-23	EACH	187.22	236.53	6.72	19.58	21.26	2.40	0.05	0.00
		CHIPS POPTILLAS ORIGINAL	EACH	190.00	200.00	3.00	4.00	31.00	6.00	0.00	0.00
		RANCH DRESSING	EACH	60.00	90.00	0.00	0.00	0.00	6.00	1.00	0.00

Sack Lunch – Turkey & Cheese Sandwich on French Roll, Baby Carrots, Fruitable Juice, & Fruit	SANDWICH TURKEY&CHEESE 1 OZ FR	EACH	355.44	736.85	3.00	21.30	30.05	8.59	4.55	0.00
	MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
	BABY CARROTS 1/2 C PC (2.5 OZ)	EACH	28.35	49.61	2.13	0.71	7.09	0.00	0.00	0.00
	APPLE FRESH 163 COUNT 3/4 C	EACH	57.79	1.11	2.67	0.29	15.35	0.19	0.03	0.00
	VEG JUICE FRUITABLE 4.23 OZ	EACH	60.00	10.00	-1.00	0.00	13.00	0.00	0.00	0.00
	ORANGES (1/2 C)	EACH	61.57	0.00	3.14	1.23	15.39	0.16	0.02	0.00
Sack Lunch - Double Cheese Sandwich, Baby Carrots, Fruitable Juice, & Fruit	V-SANDWICH DOUBLE CHEESE OAT D	EACH	357.54	753.89	2.43	17.47	34.12	15.21	8.61	0.00
	BABY CARROTS 1/2 C PC (2.5 OZ)	EACH	28.35	49.61	2.13	0.71	7.09	0.00	0.00	0.00
	APPLE FRESH 163 COUNT 3/4 C	EACH	57.79	1.11	2.67	0.29	15.35	0.19	0.03	0.00
	ORANGES (1/2 C)	EACH	61.57	0.00	3.14	1.23	15.39	0.16	0.02	0.00
	VEG JUICE FRUITABLE 4.23 OZ	EACH	60.00	10.00	-1.00	0.00	13.00	0.00	0.00	0.00
Baby Carrots	BABY CARROTS 1/2 C PC (2.5 OZ)	EACH	28.35	49.61	2.13	0.71	7.09	0.00	0.00	0.00
Salad Bar Kit 2	Salad BarKit2 SpinachTomatoCel	EACH	24.04	75.75	2.10	1.98	4.49	0.25	0.05	0.00
	ITALIAN DRESSING HEINZ PREPACK	EACH	30.00	130.00	0.00	0.00	0.00	3.00	0.00	0.00
Craisins	CRANBERRIES, DRIED, IW	EACH	110.00	0.00	3.00	0.00	28.00	0.00	0.00	0.00
Papa John's Cheese Pizza	PIZZA CHEESE PAPA JOHNS	EACH	310.00	640.00	3.00	20.00	37.00	10.00	4.00	0.00
Papa John's Pepperoni Pizza	PIZZA PEPPERONI PAPA JOHNS	EACH	350.00	770.00	3.00	20.00	37.00	14.00	5.00	0.00
Beef Nachos w/ Baked Chips	NACHOS W BEEF, BBEANS & CHEESE	EACH	359.78	592.86	7.48	22.76	35.26	13.60	6.05	0.00
	CHIPS POPTILLAS ORIGINAL	EACH	190.00	200.00	3.00	4.00	31.00	6.00	0.00	0.00
Double Cheese Sandwich w/ Nacho Chips & Bean Dip	V-SANDWICH DOUBLE CHEESE OAT D	EACH	357.54	753.89	2.43	17.47	34.12	15.21	8.61	0.00
	MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
	BEAN DIP W/ SALSA & CHEESE	EACH	193.28	359.13	6.75	11.35	30.71	3.13	0.90	0.00
	CHIPS POPTILLAS NACHO CHEESE	EACH	130.00	190.00	2.00	2.00	19.00	4.50	0.00	0.00
Chicken Burrito Bowl w/ WG Cookie	CHICKEN BURRITO BOWL 3/4CV BB	EACH	337.58	392.72	6.62	22.81	54.13	3.10	0.00	0.00
	WG OATMEAL COOKIE EL MILAGRO	EACH	216.00	162.00	1.20	4.80	33.60	7.20	1.80	0.00
Chicken Taco Salad w/ Tortilla Chips	SALAD CHICKEN TACO LN 22-23	EACH	229.59	315.49	6.34	21.75	22.05	6.12	1.83	0.00
	TORTILLA CHIPS ROMEROS	EACH	270.00	220.00	3.00	3.00	31.00	15.00	1.50	0.00
	RANCH DRESSING	EACH	60.00	90.00	0.00	0.00	0.00	6.00	1.00	0.00
Plant-Based Chicken Burrito Bowl w/ WG Cookie	V- CHICK BURRITO BOWL 3/4CV BB	EACH	338.02	516.02	7.95	24.67	57.46	2.08	0.00	0.00
	WG OATMEAL COOKIE EL MILAGRO	EACH	216.00	162.00	1.20	4.80	33.60	7.20	1.80	0.00

	Turkey Breast Sandwich on WG Roll w/ Nacho Chips & Bean Dip	SANDWICH TURKEY CLUB BORDER'S	EACH	300.00	970.00	4.00	20.00	29.00	11.00	4.00	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
		BEAN DIP W/ SALSA & CHEESE	EACH	193.28	359.13	6.75	11.35	30.71	3.13	0.90	0.00
		CHIPS POPTILLAS NACHO CHEESE	EACH	130.00	190.00	2.00	2.00	19.00	4.50	0.00	0.00
	Cucumber Slices w/ Tajin	CUCUMBER,RAW PC (1/4 C)	EACH	6.17	0.82	0.21	0.27	1.49	0.05	0.02	0.00
		TAJIN SEASONING	EACH	3.00	277.50	0.00	0.00	0.00	0.00	0.00	0.00
	Salad Bar Kit 3	Salad BarKit3 LettuceGarbnzTom	EACH	73.34	77.77	3.16	4.05	13.25	0.09	0.01	0.00
		RANCH DRESSING	EACH	60.00	90.00	0.00	0.00	0.00	6.00	1.00	0.00
	Banana	BANANA 150 COUNT 1/2 C	EACH	105.02	1.18	3.07	1.29	26.95	0.39	0.13	0.00
	Baked Ziti w/ Meat Sauce	BAKED ZITI W/ BEEF 21-22	EACH	370.89	847.56	6.39	18.20	34.89	21.06	6.15	0.00
Thu 10-13-2022	Chicken Tamale w/ Seasoned Corn	TAMALE CHICKEN W SEASONED CORN	EACH	394.50	416.52	2.94	13.83	43.84	17.94	7.00	0.00
	Italian Turkey Submarine w/ Fuitable Juice	SANDWICH ITALIAN SUB HUB	EACH	310.00	1110.00	0.00	16.00	30.00	14.00	6.00	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
		VEG JUICE FRUITABLE 4.23 OZ	EACH	60.00	10.00	-1.00	0.00	13.00	0.00	0.00	0.00
	Double Cheese Sandwich w/ Fuitable Juice	V-SANDWICH DOUBLE CHEESE OAT D	EACH	357.54	753.89	2.43	17.47	34.12	15.21	8.61	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
		VEG JUICE FRUITABLE 4.23 OZ	EACH	60.00	10.00	-1.00	0.00	13.00	0.00	0.00	0.00
	Cheesy Baked Ziti w/ Marinara Sauce	CHEESY PENNE W MARINARA 2G	EACH	484.13	843.93	7.70	22.53	55.04	21.71	7.19	0.00
	Tuna Salad w/ Dinner Roll	SALAD TUNA ENTREE K12	EACH	236.21	323.84	1.61	14.65	4.93	17.42	2.61	0.00
		ROLL DINNER 2 OZ	EACH	140.00	220.00	2.00	4.00	27.00	2.00	0.00	0.00
		RANCH DRESSING	EACH	60.00	90.00	0.00	0.00	0.00	6.00	1.00	0.00
	Sack Lunch - Double Cheese Sandwich, Baby Carrots, Fuitable Juice, & Fruit	V-SANDWICH DOUBLE CHEESE OAT D	EACH	357.54	753.89	2.43	17.47	34.12	15.21	8.61	0.00
		BABY CARROTS 1/2 C PC (2.5 OZ)	EACH	28.35	49.61	2.13	0.71	7.09	0.00	0.00	0.00
		APPLE FRESH 163 COUNT 3/4 C	EACH	57.79	1.11	2.67	0.29	15.35	0.19	0.03	0.00
		ORANGES (1/2 C)	EACH	61.57	0.00	3.14	1.23	15.39	0.16	0.02	0.00
		VEG JUICE FRUITABLE 4.23 OZ	EACH	60.00	10.00	-1.00	0.00	13.00	0.00	0.00	0.00
	Sack Lunch – Italian Turkey Submarine Sandwich, Baby Carrots, Fuitable Juice, & Fruit	SANDWICH ITALIAN SUB HUB	EACH	310.00	1110.00	0.00	16.00	30.00	14.00	6.00	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
		BABY CARROTS 1/2 C PC (2.5 OZ)	EACH	28.35	49.61	2.13	0.71	7.09	0.00	0.00	0.00
		APPLE FRESH 163 COUNT 3/4 C	EACH	57.79	1.11	2.67	0.29	15.35	0.19	0.03	0.00
		ORANGES (1/2 C)	EACH	61.57	0.00	3.14	1.23	15.39	0.16	0.02	0.00
		VEG JUICE FRUITABLE 4.23 OZ	EACH	60.00	10.00	-1.00	0.00	13.00	0.00	0.00	0.00
	Baby Carrots 2	CARROTS, BABY PC 1/4 C 1.25 OZ	EACH	12.40	27.64	1.03	0.23	2.92	0.05	0.01	0.00
	Salad Bar Kit 4	Salad BarKit4 LettuceBBCarJica	EACH	41.24	42.35	4.07	1.15	9.30	0.10	0.02	0.00
		ITALIAN DRESSING HEINZ PREPACK	EACH	30.00	130.00	0.00	0.00	0.00	3.00	0.00	0.00
	Apple	APPLE FRESH 163 COUNT 3/4 C	EACH	57.79	1.11	2.67	0.29	15.35	0.19	0.03	0.00

Fri 10-14-2022	Grilled Cheese	GRILLED CHEESE	EACH	340.00	820.00	2.00	20.00	32.00	18.00	8.00	0.00
	Chicken Parm Sandwich	CHICKEN PARM SANDWICH	EACH	421.23	721.68	3.50	19.89	49.20	16.83	4.13	0.00
	Papa John's Cheese Pizza	PIZZA CHEESE PAPA JOHNS	EACH	310.00	640.00	3.00	20.00	37.00	10.00	4.00	0.00
	Papa John's Pepperoni Pizza	PIZZA PEPPERONI PAPA JOHNS	EACH	350.00	770.00	3.00	20.00	37.00	14.00	5.00	0.00
	Double Cheese Sandwich on FR w/ Lettuce	V-SANDWICH DOUBLE CHEESE FR	EACH	417.54	793.89	3.43	19.47	32.12	15.71	8.61	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
	Buffalo Chicken Salad w/ WG Wheat Crackers	SALAD BUFFALO CHICKEN 2022 R	EACH	83.37	930.87	0.79	12.75	4.14	2.14	0.03	0.00
		RANCH DRESSING	EACH	60.00	90.00	0.00	0.00	0.00	6.00	1.00	0.00
		CRACKERS WHEAT BASICS 2WG	EACH	170.00	350.00	3.00	3.00	28.00	5.00	0.50	0.00
	Beef, Bean, & Cheese Burrito w/ Hot Sauce	BURRITO BEEF, BEAN, CHEESE BW	EACH	400.00	520.00	3.00	25.00	39.00	16.00	8.00	0.00
		HOT SAUCE TAPATIO	EACH	0.00	154.00	0.00	0.00	0.00	0.00	0.00	0.00
	Smoked Turkey & Cheese Sandwich on Knot Roll	SDW PINWHEEL(SMOKED TURKEY)	EACH	290.00	1120.00	0.00	18.00	29.00	11.00	4.50	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
	Sack Lunch – Turkey & Cheese Sandwich on French Roll, Baby Carrots, Fruitable Juice, & Fruit	SANDWICH TURKEY&CHEESE 1 OZ FR	EACH	355.44	736.85	3.00	21.30	30.05	8.59	4.55	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
		BABY CARROTS 1/2 C PC (2.5 OZ)	EACH	28.35	49.61	2.13	0.71	7.09	0.00	0.00	0.00
		APPLE FRESH 163 COUNT 3/4 C	EACH	57.79	1.11	2.67	0.29	15.35	0.19	0.03	0.00
		VEG JUICE FRUITABLE 4.23 OZ	EACH	60.00	10.00	-1.00	0.00	13.00	0.00	0.00	0.00
		ORANGES (1/2 C)	EACH	61.57	0.00	3.14	1.23	15.39	0.16	0.02	0.00
	Sack Lunch - Double Cheese Sandwich, Baby Carrots, Fruitable Juice, & Fruit	V-SANDWICH DOUBLE CHEESE OAT D	EACH	357.54	753.89	2.43	17.47	34.12	15.21	8.61	0.00
		BABY CARROTS 1/2 C PC (2.5 OZ)	EACH	28.35	49.61	2.13	0.71	7.09	0.00	0.00	0.00
		APPLE FRESH 163 COUNT 3/4 C	EACH	57.79	1.11	2.67	0.29	15.35	0.19	0.03	0.00
		ORANGES (1/2 C)	EACH	61.57	0.00	3.14	1.23	15.39	0.16	0.02	0.00
		VEG JUICE FRUITABLE 4.23 OZ	EACH	60.00	10.00	-1.00	0.00	13.00	0.00	0.00	0.00
	Romaine Salad w/ Ranch	SALAD SIDE ROMAINE/CAB/CARROTS	EACH	19.87	18.37	1.82	1.07	4.24	0.19	0.03	0.00
		RANCH DRESSING	EACH	60.00	90.00	0.00	0.00	0.00	6.00	1.00	0.00
	Salad Bar Kit 5	Salad BarKit5 RomaineCucCarrot	EACH	30.92	36.55	2.34	1.36	6.74	0.21	0.05	0.00
		RANCH DRESSING	EACH	60.00	90.00	0.00	0.00	0.00	6.00	1.00	0.00
	100% Fruit Juice	JUICE TOTALLY TANGERINE 4 OZ	EACH	60.00	10.00	0.00	0.00	15.00	0.00	0.00	0.00
	Orange	ORANGES (1/2 C)	EACH	61.57	0.00	3.14	1.23	15.39	0.16	0.02	0.00
	Pear	PEAR FRESH 150 COUNT 1/2 C	EACH	68.84	1.21	3.74	0.43	18.39	0.17	0.03	0.00
	1% White Milk	MILK 1% LOW FAT UNFLAVORED	EACH	120.00	160.00	0.00	11.00	16.00	2.50	1.50	0.00
	Fat Free White Milk	MILK FAT FREE UNFLAVORED	EACH	90.00	135.00	0.00	9.00	13.00	0.00	0.00	0.00
	Fat Free Chocolate Milk	MILK FAT FREE CHOCOLATE	EACH	120.00	200.00	0.00	7.00	23.00	0.00	0.00	0.00

Mon 10-17-2022	Cheeseburger w/ Seasoned Fries	CHEESEBURGER & FRIES 3/4C	EACH	530.83	1032.44	5.27	20.84	66.69	21.89	8.80	0.00
		KETCHUP PACKET 9 GM	EACH	10.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00
	Plant-Based Chicken Tenders w/ Seasoned Fries	V "CHICKEN" TENDERS & FRIES	EACH	501.49	906.03	4.36	22.42	56.70	20.91	3.28	0.00
		KETCHUP PACKET 9 GM	EACH	10.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00
		ROLL DINNER 2 OZ	EACH	140.00	220.00	2.00	4.00	27.00	2.00	0.00	0.00
	Beef Hot Dog w/ Oven Baked Fries	BEEF HOT DOG & SEASONED FRIES	EACH	490.18	892.96	4.35	14.34	62.60	21.35	7.78	0.00
		KETCHUP PACKET 9 GM	EACH	10.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00
	Double Cheese Sandwich on French Roll w/ Seasoned Fries	V-SANDWICH DOUBLE CHEESE FR	EACH	417.54	793.89	3.43	19.47	32.12	15.71	8.61	0.00
		POTATO CRINKLES SEASONED 3/4C	EACH	200.18	202.96	2.35	2.34	34.60	6.85	2.28	0.00
		KETCHUP PACKET 9 GM	EACH	10.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
	Turkey & Cheese Sandwich on French Roll w/ Side of Corn	SANDWICH TURKEY&CHEESE 1 OZ FR	EACH	355.44	736.85	3.00	21.30	30.05	8.59	4.55	0.00
		CORN BAG (3/4 C)	EACH	141.75	0.00	1.42	4.25	29.77	1.42	0.00	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
	Turkey, Turkey Bacon, & Cheese Club on French Roll w/ Seasoned Fries	CLUB SAND TURKEY & BACON FR	EACH	380.48	810.45	3.43	22.87	31.12	10.14	5.06	0.00
		POTATO CRINKLES SEASONED 3/4C	EACH	200.18	202.96	2.35	2.34	34.60	6.85	2.28	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
		KETCHUP PACKET 9 GM	EACH	10.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00
	Pear	PEAR FRESH 150 COUNT 1/2 C	EACH	68.84	1.21	3.74	0.43	18.39	0.17	0.03	0.00
Tue 10-18-2022	Cheese Lasagna w/ Tomato Basil Sauce	LASAGNA CHEESE	EACH	313.50	850.61	5.00	17.00	41.51	11.31	2.58	0.00
	Chicken Alfredo Pasta w/ Steamed Broccoli	CHICKEN ALFREDO W/BROC 1/2C	EACH	329.46	597.03	4.88	20.16	35.30	13.11	3.51	0.02
	Papa John's Cheese Pizza	PIZZA CHEESE PAPA JOHNS	EACH	310.00	640.00	3.00	20.00	37.00	10.00	4.00	0.00
	Papa John's Pepperoni Pizza	PIZZA PEPPERONI PAPA JOHNS	EACH	350.00	770.00	3.00	20.00	37.00	14.00	5.00	0.00
	Double Cheese Sandwich on French Roll w/ Baby Carrots	V-SANDWICH DOUBLE CHEESE FR	EACH	417.54	793.89	3.43	19.47	32.12	15.71	8.61	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
		CARROTS, BABY PC 1/4 C 1.25 OZ	EACH	12.40	27.64	1.03	0.23	2.92	0.05	0.01	0.00
	Beef Pastrami & Cheese Sandwich on FR w/ Baby Carrots	SANDW PASTRAMI&CHEESE 1OZ FR	EACH	371.22	896.74	3.00	23.07	31.02	9.06	5.05	0.00
		CARROTS, BABY PC 1/4 C 1.25 OZ	EACH	12.40	27.64	1.03	0.23	2.92	0.05	0.01	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
	Southwest Chicken Salad w/ Baked Chips	SALAD SOUTHWEST CHICKEN 22-23	EACH	187.22	236.53	6.72	19.58	21.26	2.40	0.05	0.00
		CHIPS POPTILLAS ORIGINAL	EACH	190.00	200.00	3.00	4.00	31.00	6.00	0.00	0.00
		RANCH DRESSING	EACH	60.00	90.00	0.00	0.00	0.00	6.00	1.00	0.00
	Baby Carrots	BABY CARROTS 1/2 C PC (2.5 OZ)	EACH	28.35	49.61	2.13	0.71	7.09	0.00	0.00	0.00
	Salad Bar Kit 2	Salad BarKit2 SpinachTomatoCel	EACH	24.04	75.75	2.10	1.98	4.49	0.25	0.05	0.00
		ITALIAN DRESSING HEINZ PREPACK	EACH	30.00	130.00	0.00	0.00	0.00	3.00	0.00	0.00
	Orange	ORANGES (1/2 C)	EACH	61.57	0.00	3.14	1.23	15.39	0.16	0.02	0.00

Wed 10-19-2022	Papa John's Cheese Pizza	PIZZA CHEESE PAPA JOHNS	EACH	310.00	640.00	3.00	20.00	37.00	10.00	4.00	0.00
	Papa John's Pepperoni Pizza	PIZZA PEPPERONI PAPA JOHNS	EACH	350.00	770.00	3.00	20.00	37.00	14.00	5.00	0.00
	Beef Nachos w/ Baked Chips	NACHOS W BEEF, BBEANS & CHEESE	EACH	359.78	592.86	7.48	22.76	35.26	13.60	6.05	0.00
		CHIPS POPTILLAS ORIGINAL	EACH	190.00	200.00	3.00	4.00	31.00	6.00	0.00	0.00
	Double Cheese Sandwich w/ Nacho Chips & Bean Dip	V-SANDWICH DOUBLE CHEESE OAT D	EACH	357.54	753.89	2.43	17.47	34.12	15.21	8.61	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
		BEAN DIP W/ SALSA & CHEESE	EACH	193.28	359.13	6.75	11.35	30.71	3.13	0.90	0.00
		CHIPS POPTILLAS NACHO CHEESE	EACH	130.00	190.00	2.00	2.00	19.00	4.50	0.00	0.00
	Chicken Chile Verde w/ Pinto Beans, Rice, & WG Cookie	CHICK CHILE VERDE W RICE&BEANS	EACH	263.18	364.53	8.44	22.21	49.61	3.46	0.00	0.00
		WG CHOC CHIP COOKIE EL MILAGRO	EACH	140.00	120.00	0.00	3.00	22.00	4.50	1.50	0.00
	Chicken Taco Salad w/ Tortilla Chips	SALAD CHICKEN TACO LN 22-23	EACH	229.59	315.49	6.34	21.75	22.05	6.12	1.83	0.00
		TORTILLA CHIPS ROMEROS	EACH	270.00	220.00	3.00	3.00	31.00	15.00	1.50	0.00
		RANCH DRESSING	EACH	60.00	90.00	0.00	0.00	0.00	6.00	1.00	0.00
	Plant- Based Chicken Chile Verde w/ Pinto Beans, Rice, &	V- CHICKEN CHILE VERDE W R&B	EACH	263.61	487.83	9.77	24.06	52.94	2.44	0.00	0.00
		WG CHOC CHIP COOKIE EL MILAGRO	EACH	140.00	120.00	0.00	3.00	22.00	4.50	1.50	0.00
	Turkey Breast Sandwich on WG Roll w/ Nacho Chips & Bean Dip	SANDWICH TURKEY CLUB BORDER'S	EACH	300.00	970.00	4.00	20.00	29.00	11.00	4.00	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
		BEAN DIP W/ SALSA & CHEESE	EACH	193.28	359.13	6.75	11.35	30.71	3.13	0.90	0.00
		CHIPS POPTILLAS NACHO CHEESE	EACH	130.00	190.00	2.00	2.00	19.00	4.50	0.00	0.00
	Sack Lunch - Double Cheese Sandwich, Baby Carrots, Fruitable Juice, & Fruit	V-SANDWICH DOUBLE CHEESE OAT D	EACH	357.54	753.89	2.43	17.47	34.12	15.21	8.61	0.00
		BABY CARROTS 1/2 C PC (2.5 OZ)	EACH	28.35	49.61	2.13	0.71	7.09	0.00	0.00	0.00
		APPLE FRESH 163 COUNT 3/4 C	EACH	57.79	1.11	2.67	0.29	15.35	0.19	0.03	0.00
		ORANGES (1/2 C)	EACH	61.57	0.00	3.14	1.23	15.39	0.16	0.02	0.00
		VEG JUICE FRUITABLE 4.23 OZ	EACH	60.00	10.00	-1.00	0.00	13.00	0.00	0.00	0.00
	Sack Lunch – Turkey Breast Club Sandwich, Baby Carrots, Fruitable Juice, & Fruit	SANDWICH TURKEY CLUB BORDER'S	EACH	300.00	970.00	4.00	20.00	29.00	11.00	4.00	0.00
		BABY CARROTS 1/2 C	EACH	28.35	49.61	2.13	0.71	7.09	0.00	0.00	0.00
		VEG JUICE FRUITABLE 4.23 OZ	EACH	60.00	10.00	-1.00	0.00	13.00	0.00	0.00	0.00
		APPLE FRESH 163 COUNT 3/4 C	EACH	57.79	1.11	2.67	0.29	15.35	0.19	0.03	0.00
		ORANGES (1/2 C)	EACH	61.57	0.00	3.14	1.23	15.39	0.16	0.02	0.00
	Jicama w/ Tajin	JICAMA PC 1.35 OZ (1/4 c)	EACH	14.54	1.53	1.88	0.28	3.38	0.03	0.01	0.00
		TAJIN SEASONING	EACH	3.00	277.50	0.00	0.00	0.00	0.00	0.00	0.00
	Salad Bar Kit 3	Salad BarKit3 LettuceGarbnzTom	EACH	73.34	77.77	3.16	4.05	13.25	0.09	0.01	0.00
		RANCH DRESSING	EACH	60.00	90.00	0.00	0.00	0.00	6.00	1.00	0.00
	Banana	BANANA 150 COUNT 1/2 C	EACH	105.02	1.18	3.07	1.29	26.95	0.39	0.13	0.00

Thu 10-20-2022	Chicken Tamale w/ Seasoned Corn	TAMALE CHICKEN W SEASONED CORN	EACH	394.50	416.52	2.94	13.83	43.84	17.94	7.00	0.00
	Cheese Tamale w/ Seasoned Corn	TAMALE CHEESE W SEASONED CORN	EACH	444.50	502.52	3.95	10.84	49.84	21.95	10.00	0.00
	Italian Turkey Submarine w/ Fruitable Juice	SANDWICH ITALIAN SUB HUB	EACH	310.00	1110.00	0.00	16.00	30.00	14.00	6.00	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
		VEG JUICE FRUITABLE 4.23 OZ	EACH	60.00	10.00	-1.00	0.00	13.00	0.00	0.00	0.00
	Double Cheese Sandwich w/ Fruitable Juice	V-SANDWICH DOUBLE CHEESE OAT D	EACH	357.54	753.89	2.43	17.47	34.12	15.21	8.61	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
		VEG JUICE FRUITABLE 4.23 OZ	EACH	60.00	10.00	-1.00	0.00	13.00	0.00	0.00	0.00
	Beef BBQ Meatballs w/ Mashed Potatoes	BBQ BEEF MEATBALLS & MASH 1/2C	EACH	254.93	1050.30	3.04	11.80	25.43	10.98	4.02	0.00
		ROLL DINNER 2 OZ	EACH	140.00	220.00	2.00	4.00	27.00	2.00	0.00	0.00
	Tuna Salad w/ Dinner Roll	SALAD TUNA ENTREE K12	EACH	236.21	323.84	1.61	14.65	4.93	17.42	2.61	0.00
		ROLL DINNER 2 OZ	EACH	140.00	220.00	2.00	4.00	27.00	2.00	0.00	0.00
		RANCH DRESSING	EACH	60.00	90.00	0.00	0.00	0.00	6.00	1.00	0.00
	Baby Carrots 2	CARROTS, BABY PC 1/4 C	EACH	12.40	27.64	1.03	0.23	2.92	0.05	0.01	0.00
	Salad Bar Kit 4	Salad BarKit4 LettuceBBCarJica	EACH	41.24	42.35	4.07	1.15	9.30	0.10	0.02	0.00
		ITALIAN DRESSING HEINZ PREPACK	EACH	30.00	130.00	0.00	0.00	0.00	3.00	0.00	0.00
	Apple Sauce	APPLESAUCE CUP 4.5 OZ	EACH	53.33	2.08	1.03	0.00	14.63	0.00	0.00	0.00
Fri 10-21-2022	Hamburger w/ BBQ Popped Chips	HAMBURGER PLAIN OAT BUN	EACH	280.00	449.99	3.00	16.00	31.99	10.00	3.49	0.00
		CHIPS BBQ POPTILLAS	EACH	120.00	200.00	1.00	2.00	20.00	4.00	0.00	0.00
		KETCHUP PACKET 9 GM	EACH	10.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00
	Cheese Pizza Sliders	PIZZA CHEESE SLIDERS 90632	EACH	294.47	597.77	3.52	18.63	30.72	11.16	6.01	0.00
	Papa John's Cheese Pizza	PIZZA CHEESE PAPA JOHNS	EACH	310.00	640.00	3.00	20.00	37.00	10.00	4.00	0.00
	Papa John's Pepperoni Pizza	PIZZA PEPPERONI PAPA JOHNS	EACH	350.00	770.00	3.00	20.00	37.00	14.00	5.00	0.00
	Double Cheese Sandwich on FR w/ Lettuce	V-SANDWICH DOUBLE CHEESE FR	EACH	417.54	793.89	3.43	19.47	32.12	15.71	8.61	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
	Buffalo Chicken Salad w/ WG Wheat Crackers	SALAD BUFFALO CHICKEN 2022 R	EACH	83.37	930.87	0.79	12.75	4.14	2.14	0.03	0.00
		RANCH DRESSING	EACH	60.00	90.00	0.00	0.00	0.00	6.00	1.00	0.00
		CRACKERS WHEAT BASICS 2WG	EACH	170.00	350.00	3.00	3.00	28.00	5.00	0.50	0.00
	Beef, Bean, & Cheese Burrito w/ Hot Sauce	BURRITO BEEF, BEAN, CHEESE BW	EACH	400.00	520.00	3.00	25.00	39.00	16.00	8.00	0.00
		HOT SAUCE TAPATIO	EACH	0.00	154.00	0.00	0.00	0.00	0.00	0.00	0.00
	Smoked Turkey & Cheese Sandwich on Knot Roll	SDW PINWHEEL(SMOKED TURKEY)	EACH	290.00	1120.00	0.00	18.00	29.00	11.00	4.50	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
	Lettuce, Tomato, Pickle Kit	SALAD SIDE LETTUCE/TOMATO KIT	EACH	21.40	79.74	1.92	1.20	4.43	0.30	0.04	0.00
	Salad Bar Kit 6	Salad BarKit6 RomaineTomPickle	EACH	21.73	371.70	2.08	1.07	4.43	0.36	0.05	0.00
	100% Fruit Juice	JUICE TOTALLY TANGERINE 4 OZ	EACH	60.00	10.00	0.00	0.00	15.00	0.00	0.00	0.00
	Pear	PEAR FRESH 1/2 C	EACH	68.84	1.21	3.74	0.43	18.39	0.17	0.03	0.00

Mon 10-24-2022	Cheeseburger w/ Seasoned Fries	CHEESEBURGER & FRIES 3/4C	EACH	530.83	1032.44	5.27	20.84	66.69	21.89	8.80	0.00
		KETCHUP PACKET 9 GM	EACH	10.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00
	Vegetarian Burger w/ Seasoned Fries	V- BURGER W/ FRIES 3/4C	EACH	428.04	994.79	8.26	18.25	69.15	11.82	2.77	0.00
		KETCHUP PACKET 9 GM	EACH	10.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00
	Chicken Patty Burger w/ Seasoned Fries	CHICKEN PATTY BURGER&FRIES 3/4	EACH	514.92	983.50	5.30	20.65	77.08	15.33	4.15	0.00
		KETCHUP PACKET 9 GM	EACH	10.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00
	Double Cheese Sandwich on French Roll w/ Seasoned Fries	V-SANDWICH DOUBLE CHEESE FR	EACH	417.54	793.89	3.43	19.47	32.12	15.71	8.61	0.00
		POTATO CRINKLES SEASONED 3/4C	EACH	200.18	202.96	2.35	2.34	34.60	6.85	2.28	0.00
		KETCHUP PACKET 9 GM	EACH	10.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
	Turkey & Cheese Sandwich on French Roll w/ Side of Corn	SANDWICH TURKEY&CHEESE 1 OZ FR	EACH	355.44	736.85	3.00	21.30	30.05	8.59	4.55	0.00
		CORN BAG (3/4 C)	EACH	141.75	0.00	1.42	4.25	29.77	1.42	0.00	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
	Turkey, Turkey Bacon, & Cheese Club on French Roll w/ Seasoned Fries	CLUB SAND TURKEY & BACON FR	EACH	380.48	810.45	3.43	22.87	31.12	10.14	5.06	0.00
		POTATO CRINKLES SEASONED 3/4C	EACH	200.18	202.96	2.35	2.34	34.60	6.85	2.28	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
		KETCHUP PACKET 9 GM	EACH	10.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00
	Sack Lunch - Double Cheese Sandwich, Baby Carrots, Fuitable Juice, & Fruit	V-SANDWICH DOUBLE CHEESE OAT D	EACH	357.54	753.89	2.43	17.47	34.12	15.21	8.61	0.00
		BABY CARROTS 1/2 C	EACH	28.35	49.61	2.13	0.71	7.09	0.00	0.00	0.00
		APPLE FRESH 3/4 C	EACH	57.79	1.11	2.67	0.29	15.35	0.19	0.03	0.00
		ORANGES (1/2 C)	EACH	61.57	0.00	3.14	1.23	15.39	0.16	0.02	0.00
		VEG JUICE FRUITABLE 4.23 OZ	EACH	60.00	10.00	-1.00	0.00	13.00	0.00	0.00	0.00
	Sack Lunch – Turkey Breast Club Sandwich, Baby Carrots, Fuitable Juice, & Fruit	SANDWICH TURKEY CLUB BORDER'S	EACH	300.00	970.00	4.00	20.00	29.00	11.00	4.00	0.00
		BABY CARROTS 1/2 C	EACH	28.35	49.61	2.13	0.71	7.09	0.00	0.00	0.00
		VEG JUICE FRUITABLE 4.23 OZ	EACH	60.00	10.00	-1.00	0.00	13.00	0.00	0.00	0.00
		APPLE FRESH 3/4 C	EACH	57.79	1.11	2.67	0.29	15.35	0.19	0.03	0.00
		ORANGES (1/2 C)	EACH	61.57	0.00	3.14	1.23	15.39	0.16	0.02	0.00
	Pear	PEAR FRESH 1/2 C	EACH	68.84	1.21	3.74	0.43	18.39	0.17	0.03	0.00
	Cheese Lasagna w/ Tomato Basil Sauce	LASAGNA CHEESE	EACH	313.50	850.61	5.00	17.00	41.51	11.31	2.58	0.00
	Chicken Enchiladas w/ Creamy Green Salsa	ENCHILADA CHICKEN SUIZAS	EACH	269.78	447.45	12.00	24.50	50.99	8.98	3.74	0.00
	Cheese Enchiladas w/ Creamy Green Salsa	ENCHILADA CHEESE SUIZAS	EACH	349.78	637.45	10.00	22.50	50.99	16.98	7.74	0.00
	Papa John's Cheese Pizza	PIZZA CHEESE PAPA JOHNS	EACH	310.00	640.00	3.00	20.00	37.00	10.00	4.00	0.00

Tue 10-25-2022	Papa John's Pepperoni Pizza	PIZZA PEPPERONI PAPA JOHNS	EACH	350.00	770.00	3.00	20.00	37.00	14.00	5.00	0.00
	Double Cheese Sandwich on French Roll w/ Baby Carrots	V-SANDWICH DOUBLE CHEESE FR	EACH	417.54	793.89	3.43	19.47	32.12	15.71	8.61	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
		CARROTS, BABY PC 1/4 C 1.25 OZ	EACH	12.40	27.64	1.03	0.23	2.92	0.05	0.01	0.00
	Beef Pastrami & Cheese Sandwich on FR w/ Baby Carrots	SANDW PASTRAMI&CHEESE 1OZ FR	EACH	371.22	896.74	3.00	23.07	31.02	9.06	5.05	0.00
		CARROTS, BABY PC 1/4 C 1.25 OZ	EACH	12.40	27.64	1.03	0.23	2.92	0.05	0.01	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
	Southwest Chicken Salad w/ Baked Chips	SALAD SOUTHWEST CHICKEN 22-23	EACH	187.22	236.53	6.72	19.58	21.26	2.40	0.05	0.00
		CHIPS POPTILLAS ORIGINAL	EACH	190.00	200.00	3.00	4.00	31.00	6.00	0.00	0.00
		RANCH DRESSING	EACH	60.00	90.00	0.00	0.00	0.00	6.00	1.00	0.00
	Baby Carrots	BABY CARROTS 1/2 C	EACH	28.35	49.61	2.13	0.71	7.09	0.00	0.00	0.00
	Salad Bar Kit 2	Salad BarKit2 SpinachTomatoCel	EACH	24.04	75.75	2.10	1.98	4.49	0.25	0.05	0.00
		ITALIAN DRESSING HEINZ PREPACK	EACH	30.00	130.00	0.00	0.00	0.00	3.00	0.00	0.00
	Orange	ORANGES (1/2 C)	EACH	61.57	0.00	3.14	1.23	15.39	0.16	0.02	0.00
Wed 10-26-2022	Papa John's Cheese Pizza	PIZZA CHEESE PAPA JOHNS	EACH	310.00	640.00	3.00	20.00	37.00	10.00	4.00	0.00
	Papa John's Pepperoni Pizza	PIZZA PEPPERONI PAPA JOHNS	EACH	350.00	770.00	3.00	20.00	37.00	14.00	5.00	0.00
	Beef Nachos w/ Baked Chips	NACHOS W BEEF, BBEANS & CHEESE	EACH	359.78	592.86	7.48	22.76	35.26	13.60	6.05	0.00
		CHIPS POPTILLAS ORIGINAL	EACH	190.00	200.00	3.00	4.00	31.00	6.00	0.00	0.00
	Double Cheese Sandwich w/ Nacho Chips & Bean Dip	V-SANDWICH DOUBLE CHEESE OAT D	EACH	357.54	753.89	2.43	17.47	34.12	15.21	8.61	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
		BEAN DIP W/ SALSA & CHEESE	EACH	193.28	359.13	6.75	11.35	30.71	3.13	0.90	0.00
		CHIPS POPTILLAS NACHO CHEESE	EACH	130.00	190.00	2.00	2.00	19.00	4.50	0.00	0.00
	Turkey Chili w/ Tortilla Chips	TURKEY AND BEAN CHILI 1 CUP	EACH	301.37	606.19	8.17	24.35	31.63	11.53	2.06	0.00
		TORTILLA CHIPS ROMEROS	EACH	270.00	220.00	3.00	3.00	31.00	15.00	1.50	0.00
	Bean & Cheese Burrito w/ Nacho Chips & Bean Dip	BURRITO BEAN & CHEESE BW	EACH	397.00	447.00	9.00	18.50	56.00	11.00	4.70	0.00
		BEAN DIP W/ SALSA & CHEESE	EACH	193.28	359.13	6.75	11.35	30.71	3.13	0.90	0.00
		CHIPS POPTILLAS NACHO CHEESE	EACH	130.00	190.00	2.00	2.00	19.00	4.50	0.00	0.00
	Chicken Taco Salad w/ Tortilla Chips	SALAD CHICKEN TACO LN 22-23	EACH	229.59	315.49	6.34	21.75	22.05	6.12	1.83	0.00
		TORTILLA CHIPS ROMEROS	EACH	270.00	220.00	3.00	3.00	31.00	15.00	1.50	0.00
		RANCH DRESSING	EACH	60.00	90.00	0.00	0.00	0.00	6.00	1.00	0.00
	Turkey Breast Sandwich on WG Roll w/ Nacho Chips & Bean Dip	SANDWICH TURKEY CLUB BORDER'S	EACH	300.00	970.00	4.00	20.00	29.00	11.00	4.00	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
		BEAN DIP W/ SALSA & CHEESE	EACH	193.28	359.13	6.75	11.35	30.71	3.13	0.90	0.00
		CHIPS POPTILLAS NACHO CHEESE	EACH	130.00	190.00	2.00	2.00	19.00	4.50	0.00	0.00
	Cucumber Slices w/ Tajin	CUCUMBER,RAW PC (1/4 C)	EACH	6.17	0.82	0.21	0.27	1.49	0.05	0.02	0.00
		TAJIN SEASONING	EACH	3.00	277.50	0.00	0.00	0.00	0.00	0.00	0.00

	Salad Bar Kit 3	Salad BarKit3 LettuceGarbnzTom	EACH	73.34	77.77	3.16	4.05	13.25	0.09	0.01	0.00
		RANCH DRESSING	EACH	60.00	90.00	0.00	0.00	0.00	6.00	1.00	0.00
	Banana	BANANA 150 COUNT 1/2 C	EACH	105.02	1.18	3.07	1.29	26.95	0.39	0.13	0.00
Thu 10-27-2022	Breakfast for Lunch w/ Pancakes, Veg	V- BREAKFAST FOR LUNCH 2G	EACH	539.43	1244.75	7.17	26.06	65.31	19.18	2.08	0.00
		SYRUP	EACH	35.00	5.00	0.00	0.00	8.00	0.00	0.00	0.00
	Papa John's Cheese Pizza	PIZZA CHEESE PAPA JOHNS	EACH	310.00	640.00	3.00	20.00	37.00	10.00	4.00	0.00
	Papa John's Pepperoni Pizza	PIZZA PEPPERONI PAPA JOHNS	EACH	350.00	770.00	3.00	20.00	37.00	14.00	5.00	0.00
	Chicken Tamale w/ Seasoned Corn	TAMALE CHICKEN W SEASONED CORN	EACH	394.50	416.52	2.94	13.83	43.84	17.94	7.00	0.00
	Italian Turkey Submarine w/ Fruitable Juice	SANDWICH ITALIAN SUB HUB	EACH	310.00	1110.00	0.00	16.00	30.00	14.00	6.00	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
		VEG JUICE FRUITABLE 4.23 OZ	EACH	60.00	10.00	-1.00	0.00	13.00	0.00	0.00	0.00
	Double Cheese Sandwich w/ Fruitable Juice	V-SANDWICH DOUBLE CHEESE OAT D	EACH	357.54	753.89	2.43	17.47	34.12	15.21	8.61	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
		VEG JUICE FRUITABLE 4.23 OZ	EACH	60.00	10.00	-1.00	0.00	13.00	0.00	0.00	0.00
	Tuna Salad w/ Dinner Roll	SALAD TUNA ENTREE K12	EACH	236.21	323.84	1.61	14.65	4.93	17.42	2.61	0.00
		ROLL DINNER 2 OZ	EACH	140.00	220.00	2.00	4.00	27.00	2.00	0.00	0.00
		RANCH DRESSING	EACH	60.00	90.00	0.00	0.00	0.00	6.00	1.00	0.00
	Breakfast for Lunch: Pancake, Turkey Sausage	BREAKFAST 4 LUNCH 1G-TURKEY	EACH	287.54	623.91	3.73	14.22	31.73	12.28	3.09	0.00
		SYRUP	EACH	35.00	5.00	0.00	0.00	8.00	0.00	0.00	0.00
	Baby Carrots 2	CARROTS, BABY PC 1/4 C 1.25 OZ	EACH	12.40	27.64	1.03	0.23	2.92	0.05	0.01	0.00
	Salad Bar Kit 4	Salad BarKit4 LettuceBBCarJica	EACH	41.24	42.35	4.07	1.15	9.30	0.10	0.02	0.00
		ITALIAN DRESSING HEINZ PREPACK	EACH	30.00	130.00	0.00	0.00	0.00	3.00	0.00	0.00
	Apple	APPLE FRESH 3/4 C	EACH	57.79	1.11	2.67	0.29	15.35	0.19	0.03	0.00
Fri 10-28-2022	Papa John's Cheese Pizza	PIZZA CHEESE PAPA JOHNS	EACH	310.00	640.00	3.00	20.00	37.00	10.00	4.00	0.00
	Papa John's Pepperoni Pizza	PIZZA PEPPERONI PAPA JOHNS	EACH	350.00	770.00	3.00	20.00	37.00	14.00	5.00	0.00
	Double Cheese Sandwich on FR w/ Lettuce	V-SANDWICH DOUBLE CHEESE FR	EACH	417.54	793.89	3.43	19.47	32.12	15.71	8.61	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
	Mac & Cheese w/ WG Cookie	MAC & CHEESE CHEDDAR/ALF 2022	EACH	429.13	719.21	2.87	17.06	29.95	25.97	9.46	0.00
		WG SUGAR COOKIE EL MILAGRO	EACH	173.00	196.55	1.85	2.69	28.04	6.12	2.39	0.00
	Buffalo Chicken Salad w/ WG Wheat Crackers	SALAD BUFFALO CHICKEN 2022 R	EACH	83.37	930.87	0.79	12.75	4.14	2.14	0.03	0.00
		RANCH DRESSING	EACH	60.00	90.00	0.00	0.00	0.00	6.00	1.00	0.00
		CRACKERS WHEAT BASICS 2WG	EACH	170.00	350.00	3.00	3.00	28.00	5.00	0.50	0.00
	Beef, Bean, & Cheese Burrito w/ Hot Sauce	BURRITO BEEF, BEAN, CHEESE BW	EACH	400.00	520.00	3.00	25.00	39.00	16.00	8.00	0.00
		HOT SAUCE TAPATIO	EACH	0.00	154.00	0.00	0.00	0.00	0.00	0.00	0.00
	Smoked Turkey & Cheese Sandwich on Knot Roll	SDW PINWHEEL(SMOKED TURKEY)	EACH	290.00	1120.00	0.00	18.00	29.00	11.00	4.50	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
	House Salad w/ Ranch	SALAD SIDE ROMAINE/CAB/CARROTS	EACH	19.87	18.37	1.82	1.07	4.24	0.19	0.03	0.00

		RANCH DRESSING	EACH	60.00	90.00	0.00	0.00	0.00	6.00	1.00	0.00
	Salad Bar Kit 5	Salad BarKit5	EACH	30.92	36.55	2.34	1.36	6.74	0.21	0.05	0.00
		RomaineCucCarrot	EACH	60.00	90.00	0.00	0.00	0.00	6.00	1.00	0.00
	100% Fruit Juice	JUICE TOTALLY TANGERINE 4 OZ	EACH	60.00	10.00	0.00	0.00	15.00	0.00	0.00	0.00
	Pear	PEAR FRESH 1/2 C	EACH	68.84	1.21	3.74	0.43	18.39	0.17	0.03	0.00
Mon 10-31-2022	Cheeseburger w/ Seasoned Fries	CHEESEBURGER & FRIES 3/4C	EACH	530.83	1032.44	5.27	20.84	66.69	21.89	8.80	0.00
		KETCHUP PACKET 9 GM	EACH	10.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00
	Vegetarian Burger w/ Seasoned Fries	V- BURGER W/ FRIES 3/4C	EACH	428.04	994.79	8.26	18.25	69.15	11.82	2.77	0.00
		KETCHUP PACKET 9 GM	EACH	10.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00
	Taco Burger w/ Oven Baked Fries	TURKEY TACO BURGER &FRIES 3/4C	EACH	546.12	1056.33	4.27	24.02	69.01	22.75	7.58	0.00
		KETCHUP PACKET 9 GM	EACH	10.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00
	Papa John's Cheese Pizza	PIZZA CHEESE PAPA JOHNS	EACH	310.00	640.00	3.00	20.00	37.00	10.00	4.00	0.00
	Papa John's Pepperoni Pizza	PIZZA PEPPERONI PAPA JOHNS	EACH	350.00	770.00	3.00	20.00	37.00	14.00	5.00	0.00
	Double Cheese Sandwich on French Roll w/ Seasoned Fries	V-SANDWICH DOUBLE CHEESE FR	EACH	417.54	793.89	3.43	19.47	32.12	15.71	8.61	0.00
		POTATO CRINKLES SEASONED 3/4C	EACH	200.18	202.96	2.35	2.34	34.60	6.85	2.28	0.00
		KETCHUP PACKET 9 GM	EACH	10.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
	Turkey & Cheese Sandwich on French Roll w/ Side of Corn	SANDWICH TURKEY&CHEESE 1 OZ FR	EACH	355.44	736.85	3.00	21.30	30.05	8.59	4.55	0.00
		CORN BAG (3/4 C)	EACH	141.75	0.00	1.42	4.25	29.77	1.42	0.00	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
	Turkey, Turkey Bacon, & Cheese Club on French Roll w/ Seasoned Fries	CLUB SAND TURKEY & BACON FR	EACH	380.48	810.45	3.43	22.87	31.12	10.14	5.06	0.00
		POTATO CRINKLES SEASONED 3/4C	EACH	200.18	202.96	2.35	2.34	34.60	6.85	2.28	0.00
		MAYONNAISE PACKET	EACH	90.00	65.00	0.00	-1.00	0.00	9.00	1.50	0.00
		KETCHUP PACKET 9 GM	EACH	10.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00
	Oven Baked Fries w/ Ketchup	POTATO CRINKLES 3/4 CUP JADA	EACH	198.18	289.53	2.27	2.27	34.16	6.83	2.27	0.00
		KETCHUP PACKET 9 GM	EACH	10.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00
	Pear	PEAR FRESH 150 COUNT 1/2 C	EACH	68.84	1.21	3.74	0.43	18.39	0.17	0.03	0.00
	1% White Milk	MILK 1% LOW FAT UNFLAVORED	EACH	120.00	160.00	0.00	11.00	16.00	2.50	1.50	0.00
	Fat Free White Milk	MILK FAT FREE UNFLAVORED	EACH	90.00	135.00	0.00	9.00	13.00	0.00	0.00	0.00
	Fat Free Chocolate Milk	MILK FAT FREE CHOCOLATE	EACH	120.00	200.00	0.00	7.00	23.00	0.00	0.00	0.00

The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions

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