

APRIL BREAKFAST



MARK WEST UNION SCHOOL DISTRICT

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Blueberry Muffin Froot Loops Cereal NEW! Egg & Cheese Croissant (V)	Cinnamon Swirl Cinnamon Chex Cereal Sausage Stuffed Waffles	Mantecada Muffin Apple Jacks Cereal Breakfast Burrito (V)	Yogurt Parfait w/ Granola Cheerios Cereal Pancakes w/ Syrup (V)
7	8	9	10	11
Cinnamon Crumble Cinnamon Chex Cereal Egg & Cheese Sandwich (V)	NEW! Strawberry Banana Smoothie w/ Granola Cheerios Cereal Waffle w/ Syrup (V)	Strawberry Loaf ←←← Seasonal Froot Loops Cereal Egg Scramble w/ Potatoes	Chocolate Chip Muffin Top NEW! Honey Bunches of Oats Cereal Egg & Cheese Empanada (V)	Conchita & String Cheese Apple Jacks Cereal Pancake Sausage Sandwich
14	15	16	17	18
Blueberry Muffin Cinnamon Chex Cereal Breakfast Burrito (V)	Vanilla Concha Froot Loops Cereal French Toast w/ Syrup (V)	Cinnamon Swirl NEW! Honey Bunches of Oats Cereal Egg & Cheese Croissant (V)	NEW! Bagel w/ Cream Cheese Apple Jacks Cereal Pancakes w/ Syrup	Yogurt Parfait w/ Granola Cheerios Cereal Sausage Stuffed Waffles (V)
21	22	23	24	25
Non Instructional Day NO SCHOOL	NEW! Strawberry Banana Smoothie w/ Granola Cheerios Cereal Egg & Cheese Sandwich (V)	Strawberry Loaf ←←← Seasonal Froot Loops Cereal Waffle w/ Syrup (V)	Cinnamon Crumble Cinnamon Chex Cereal Pancake Sausage Sandwich	Conchita & String Cheese Apple Jacks Cereal Egg Scramble w/ Potatoes
28	29	30		
Vanilla Concha Cheerios Cereal French Toast w/ Syrup (V)	NEW! Bagel w/ Cream Cheese Froot Loops Cereal Egg & Cheese Croissant (V)	Mantacada Muffin Cinnamon Chex Cereal Sausage Stuffed Waffles		

Breakfast Includes:	Featured Fruit:	RevUp Rewards:
Choice of 1% or Fat Free Milk Fruit of the Day (V) Vegetarian *Cereal Served w/ Honey Grahams *All grains are wholegrain rich	Monday: Apple or Orange Tuesday: Juice, Apple or Pear Wednesday: Apple Slices or Apple Thursday: Banana or Orange Friday: Applesauce or Apple	Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards



APRIL LUNCH



MARK WEST UNION SCHOOL DISTRICT

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Inside Out Chicken Pot Pie ←←← Seasonal Beef Birria Tacos Turkey & Cheese Sub Cheese Pizza Kit (V) April Fools Cookie ←←← Treat	Spicy Sweet Chili Meatballs w/ Rice RFC Bowl Chicken Salad & Cheese Cracker Kit "P"B & J Sandwich Kit (V)	Beef Taco Stick & Crispy Fava Beans Queso Blanco Chicken Bowl Southwest Chicken Salad w/ Roll Turkey & Cheese Cracker Kit	Pepperoni Pizza Cheese Pizza (V) Soy Butter Sandwich (V) Chicken Pasta Salad w/ Pretzels
7	8	9	10	11
Pineapple Teriyaki Chicken w/Rice ←←← Seasonal Pasta w/ Meat Sauce Italian Trio Sandwich Cheese Pizza Kit (V)	Cheeseburger & Fries Turkey & Cheese Torta Side of Fries	Orange Chicken w/ Rice & Broccoli Breakfast for Lunch Sandwich Chicken Caesar Salad w/ Croutons Hummus, Flatbread & Egg Kit (V)	Turkey Nachos w/ Refried Beans Chicken Tamale w/ Beans Turkey & Cheese Cracker Kit Southwest Chicken Salad w/ Roll	Pepperoni Pizza Grilled Cheese (V) Egg Salad Pretzel Bun Sandwich (V)
14	15	16	17	18
Hot Dog & Fries Turkey & Cheese Pretzel Sandwich	Beef Birria Tacos Cheese Lasagna Turkey & Cheese Sub "P"B & J Sandwich Kit (V)	Spicy Sweet Chili Meatballs w/ Rice RFC Bowl Asian Chicken Salad w/ Crispy Noodles ←←← NEW! Turkey & Cheese Cracker Kit	BBQ Chicken w/ Baked Beans & Roll Chicken Tamale w/ Beans Veggie Chef Salad w/ Egg (V) Bean & Cheese Pizza Kit (V)	Beef, Bean & Cheese Burrito Cheese Pizza Chicken Pasta Salad w/ Pretzels
21	22	23	24	25
Non Instructional Day NO SCHOOL	Crispy chicken Sandwich & Fries Turkey & Cheese Sub Side of Fries Earth Day Cookie ←←← Treat	Bean & Cheese Pupusa w/ Curtido Chicken Dumplings w/ Rice Chicken Caesar Salad w/ Croutons Chicken Salad & Cheese Cracker Kit	Beef Taco Stick & Crispy Fava Beans Queso Blanco Chicken Bowl Southwest Chicken Salad w/ Roll Bean & Cheese Pizza Kit (V)	Pepperoni Pizza Bean & Cheese Burrito (V) Soy Butter Sandwich (V)
28	29	30		
Cheeseburger & Fries Turkey & Cheese Torta Side of Fries	Pineapple Teriyaki Chicken w/Rice ←←← Seasonal Pasta w/ Meat Sauce Italian Trio Sandwich "P"B & J Sandwich Kit (V)	Orange Chicken w/ Rice & Broccoli Breakfast for Lunch Sandwich Asian Chicken Salad w/ Crispy Noodles ←←← NEW! Hummus, Flatbread & Egg Kit (V)		
Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp Rewards:	
Choice of 1% or Fat Free Milk Fruit & Vegetable of the Day (V) Vegetarian *May include an extra 1/2 cup veg for compliance *All grains are wholegrain rich	Monday: French Fries Tuesday: Carrots Wednesday: Crunchy Beans Thursday: Cucumber / Celery Friday: Side Salad w/ Dressing	Apples, Applesauce, Bananas, Oranges, Pears, Raisins, 100% Juice Seasonal: Tangerine & Mandarin	Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	

