

# January BREAKFAST



Monday	Tuesday	Wednesday	Thursday	Friday
5 Vanilla Concha Cheerios Cereal French Toast Sticks	6 Bagel w/Cream Cheese Honey Bunches of Oats Breakfast Burrito (V)	7 Cinnamon Swirl Cheerios Cereal English Muffin Breakfast Sandwich	8 Blueberry Muffin Honey Bunches of Oats Cereal Mini Pancakes (V)	9 Strawberry Yogurt Parfait w/Granola Cinnamon Chex Cereal Egg Scramble & Biscuit
12 Cinnamon Crumble Honey Bunches of Oats Breakfast Apple Hand Pie (NEW) (V)	13 Mantecada Muffin Cinnamon Chex Cereal Croissant Breakfast Sandwich	14 Conchita w/ String Cheese Cheerios Cereal Mini Pancake (V)	15 Yogurt & Grahams Cinnamon Chex Cereal Stuffed Waffle	16 Chocolate Chip Muffin Top Honey Bunches of Oats Pancake Sandwich
19 MLK Holiday No School	20 No School	21 Cinnamon Swirl Cheerios English Muffin Breakfast Sandwich	22 Blueberry Muffin Honey Bunches of Oats Cereal Mini Pancakes (V)	23 Strawberry Yogurt Parfait w/Granola Cinnamon Chex Cereal EggScramble& Biscuit
26 Cinnamon Crumble Honey Bunches of Oats Breakfast Apple Hand Pie (NEW) (V)	27 Mantecada Muffin Cinnamon Chex Cereal Croissant Breakfast Sandwich	28 Conchita w/ String Cheese Cheerios Cereal Mini Pancake (V)	29 Smoothie & Granola Cinnamon Chex Cereal Stuffed Waffle	30 Chocolate Chip Muffin Top Honey Bunches of Oats Pancake Sandwich
Breakfast Includes:  Choice of 1% or Fat Free Milk Fruit of the Day (V) Vegetarian *Cereal Served w/ Honey Grahams *All grains are wholegrain rich	Featured Fruit:  Apples, Apple Slices, Applesauce Cups, Bananas, Oranges, Pears, Raisins, 100% Fruit Juice Seasonal Fruit: Tangerines	RevUp Rewards:  Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: <a href="http://www.revolutionfoods.com/revuprewards">www.revolutionfoods.com/revuprewards</a>		

# JANUARY LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday
5 Cheeseburger & Fries Veggie Burger & Fries Wowbutter Sandwich w/ Corn Tajin (V)	6 Mac & Cheese w/ Mixed Veg (V) Chicken Tamale w/ Mixed Vegetables Turkey & Cheese Sub Sandwich	7 Orange Chicken w/ Rice & Peas Penne Pasta w/ Meatsauce Cheese Pizza Kit (V)	8 Turkey Nachos w/ Tortilla Chips Bean & Cheese Burrito w/ Fava Beans Veggie Chef Salad (V)	9 Pepperoni Pizza Cheese Pizza (V) BYO Seedbutter Sandwich (V)
12 Hot Dog & Fries Beef Elote Loaded Potatoes Mantecada Muffin Kit w/ Yogurt, String Cheese & Corn (V)	13 Chicken Alfredo Pasta w/ Broccoli Bean & Cheese Pupusa w/ Curtido (V) Turkey Trio Sandwich	14 Pizza Bites w/ Marinara (V) Chicken Teriyaki w/ Rice & Diced Carrots Chicken Caesar Salad	15 Beef Taco Stick w/ Fava Beans Cheese Tamale w/ Black Beans (V) Chicken Salad & Cheese Kit w/ Crispy Beans	16 Pepperoni Pizza Cheese Pizza (V) Turkey & Cheese Sub Sandwich
19 MLK Holiday No School	20 No School	21 Bean & Cheese w/ Fava Beans BBQ Chicken w/ Baked Beans Veggie Chef Salad (V)	22 Cheese Lasagna (V) Grilled Cheese w/ Baby Carrots (V) Chicken Salad & Cheese Kit w/ Crispy Beans	23 Pepperoni Pizza Cheese Pizza (V) Turkey & Cheese Sub Sandwich
26 Cheeseburger & Fries Veggie Burger & Fries Wowbutter Sandwich w/ Corn Tajin (V)	27 Mac & Cheese w/ Mixed Veg (V) Chicken Tamale w/ Mixed Vegetables Turkey & Cheese Sub Sandwich	28 Orange Chicken w/ Rice & Peas Penne Pasta w/ Meatsauce Cheese Pizza Kit (V)	29 Turkey Nachos w/ Tortilla Chips Bean & Cheese Burrito w/ Fava Beans Veggie Chef Salad (V)	30 Pepperoni Pizza Cheese Pizza (V) BYO Seedbutter Sandwich(V)
<b>Lunch Includes:</b> Choice of 1% or Fat Free Milk Fruit & Vegetable of the Day (V) Vegetarian *May include an extra 1/2 cup veg for compliance *All grains are whole grain rich	<b>Veg of the Day:</b> Monday: French Fries/ Corn Tuesday: Crispy Beans Wednesday: Baby Carrots Thursday: Cucumber / Celery Friday: Side Salad w/ Dressing	<b>Featured Fruit:</b> Apples, Apple Slices, Bananas, Dried Cranberries, Pears, Raisins, 100% Juice Seasonal: Tangerines	<b>RevUp Rewards:</b> Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: <a href="http://www.revolutionfoods.com/revuprewards">www.revolutionfoods.com/revuprewards</a>	